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NIRILAURTA

LET US EAT



COMMUNITY
RESOURCE GUIDE



WANT TO LEARN MORE?

The following resources have been selected in consultation with filmmaker Malaya Qaunirq Chapman to help you explore the themes raised in ***Nirilaurta: Let Us Eat***.



Explore articles, policies and studies that contextualize the complex factors of food insecurity in the North:

- 1** Nunavut Food Security Coalition – Discover the action plan developed by this task force led by the Government of Nunavut (Department of Family Services) and Nunavut Tunngavik Inc. (Social and Cultural Development Department)
[➔ nunavutfoodsecurity.ca/en/the_role_of_the_coalition](https://nunavutfoodsecurity.ca/en/the_role_of_the_coalition)
- 2** This Inuit national advocacy organization proposes a culturally relevant roadmap to improve food security for Inuit
[➔ itk.ca/projects/inuit-nunangat-food-security-strategy/](https://itk.ca/projects/inuit-nunangat-food-security-strategy/)
- 3** Taloyoak is part of a conservation and land guardianship program. **Learn more about it here**
[➔ Aqviqtuuq – Aqviqtuuq & Niqihaqut](#)
- 4** How does climate change play into the issue of food security in the North? **Consult this resource to learn more**
[➔ Niqihaqut: Food Sovereignty and Sustainable Harvest in Taloyoak – Indigenous Climate Monitoring Toolkit](#)
- 5** How did it get there? Get informed on the infrastructure of food sovereignty in Nunavut
[➔ tandfonline.com/doi/full/10.1080/15528014.2026.2651494#abstract](https://tandfonline.com/doi/full/10.1080/15528014.2026.2651494#abstract)
- 6** Dive deep into the issue of food insecurity in Northern Canada with the Library of Parliament
[➔ lop.parl.ca/sites/PublicWebsite/default/en_CA/ResearchPublications/202047E](https://lop.parl.ca/sites/PublicWebsite/default/en_CA/ResearchPublications/202047E)

“COUNTRY FOOD DOESN’T JUST FEED YOUR BELLY; IT FEEDS YOUR SPIRIT, IT FEEDS YOUR MIND AND YOUR BODY. WE MAY LIVE IN A CHALLENGING, SOMETIMES DANGEROUS, PART OF THE WORLD, BUT THE FOOD WE EAT ALLOWS US TO THRIVE IN THIS ENVIRONMENT.”

– MALAYA QAUNIRQ CHAPMAN, DIRECTOR, NIRILAURTA: LET US EAT



COMMUNITY RESOURCES

Learn about on-the-ground organizations fighting food insecurity:

- **Urban Inuit country food programs**
ontario.ca/programs/foodsecurity
- **Local Iqaluit food centre**
qajuqturvik.ca/
- **True North Aid**
truenorthaid.ca/stones-of-support/food/
- **ArctiConnexion – Taloyoak Program**
[Taloyoak – Climate & Fish – ArctiConnexion](#)
- **SIKU – Indigenous Knowledge App**
[SIKU – The Indigenous Knowledge App](#)

“THE PRACTICE OF SHARING IS STILL VERY STRONG IN OUR CULTURE. IT’S SO IMPORTANT FOR US AS INUIT BECAUSE IF YOU DON’T SHARE, YOU DON’T SURVIVE. I WILL BE THERE FOR YOU AS YOU ARE FOR ME.”

– MALAYA QAUNIRQ CHAPMAN

